

## Sam-II (Volume 13 29 to 100)

(index)

### PATTERN SAM-IL

This pattern is practised by the 3rd degree.

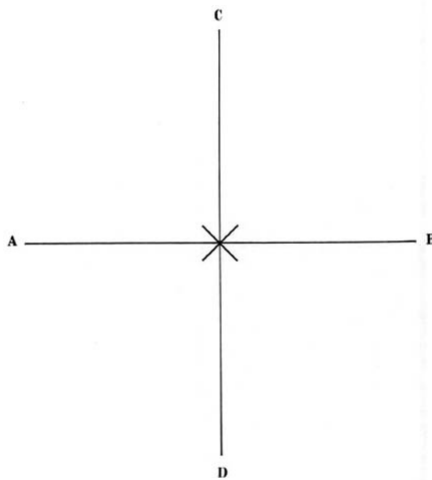
DIAGRAM: +

MOVEMENTS: 33

READY POSTURE: CLOSE READY STANCE C

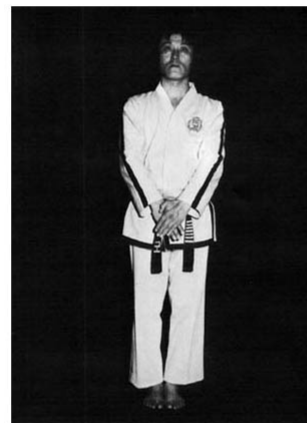
29

DIAGRAM (*Yon Moo Son*)



30

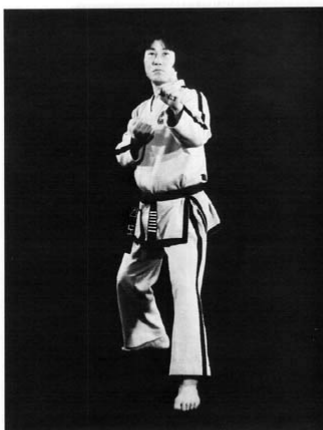
Ready Posture (*Junbi Jase*)



Close ready stance C toward D.

31

1. Slide to D, forming a right L-stance toward D while executing a middle guarding block to D with the forearm.



Right L-stance forearm middle guarding block toward D.



32

2. Move the right foot to D, forming a right walking stance toward D while executing a high block to D with a right double forearm.



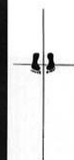
Right walking stance double forearm high block toward D.



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Previous Posture



Application



Top View

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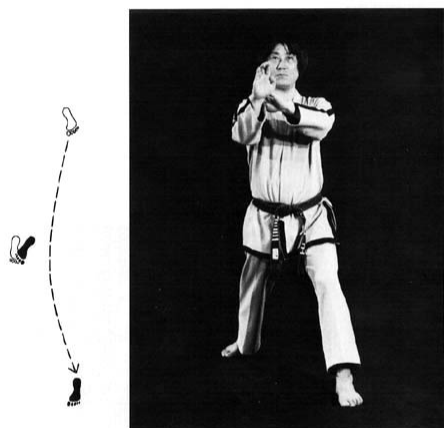
Application



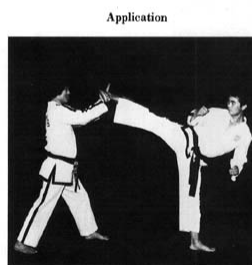
Side View

35

3. Move the left foot to D, forming a left walking stance toward D while executing a high side block to D with the right knife-hand and bringing the left palm on the right back forearm.



Left walking stance knife-hand  
high side block toward D.



Side View

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4. Execute a middle twisting kick to A with the right foot, keeping the position of the hands as they were in 3.



Middle twisting kick to A with the right foot.



Previous Posture



Application

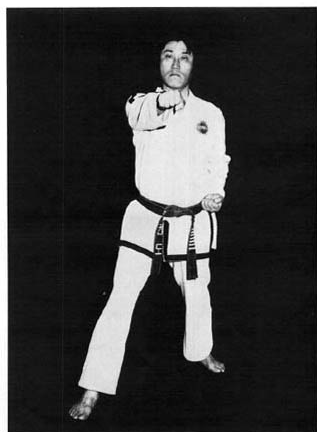


Side View

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5. Lower the right foot to D, forming a right walking stance toward D while executing a middle punch to D with the right fist.



Right walking stance middle punch with the right fist toward.

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Side View



Application



Side View

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Application



Top View

Keep the right heel slightly off the ground with both back fists faced upward.

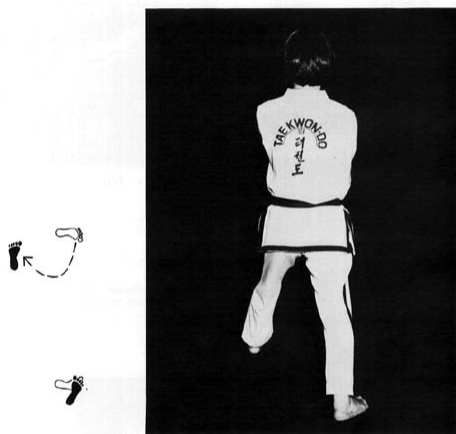


Front View



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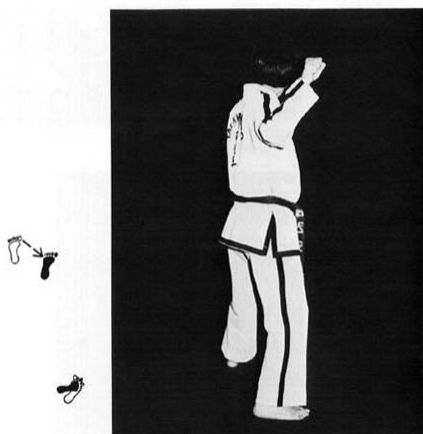
7. Execute a low thrust to C with a right upset fingertip while forming a left walking stance toward C, pivoting with the right foot.



Left walking stance low thrust with the right upset fingertip toward C.

44

8. Execute a high block to D with the right outer forearm and a low block to C with the left forearm while forming a right L-stance toward C pulling the left foot.



Right L-stance toward C with a right forearm outward block to C and a left forearm low block to D.

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Previous Posture



Application



Side View



Other View



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Previous Posture



Application



Side View



Other View



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9. Move the right foot to C to form a sitting stance toward A while executing a middle wedging block with a reverse knife-hand.



Sitting stance toward A with a reverse knife-hand middle wedging block.



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Keep both back fists faced upward.



Other View



Front View

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10. Execute a low punch to C with the right double fist while forming a left L-stance toward C, pulling the right foot.



Left L-stance low punch with the right double fist toward C.



Application



Top View

Previous Posture



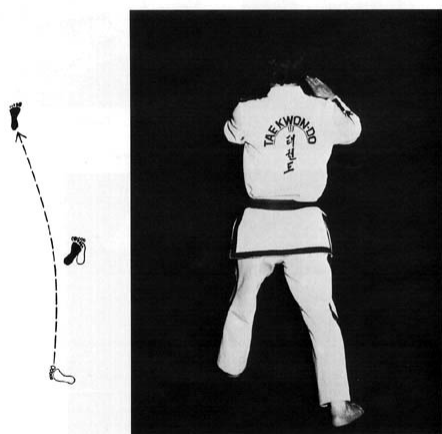
Other View



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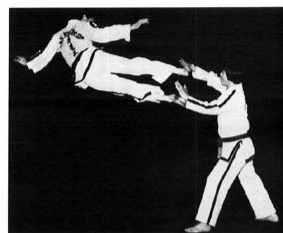
51

11. Move the left foot to C, forming a left walking stance toward C while executing a high block toward BU with a double arc-hand and looking through it.

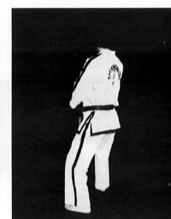


Left walking stance toward C with double arc-hand high block to BU.

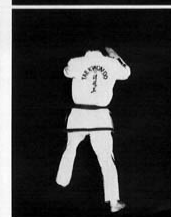
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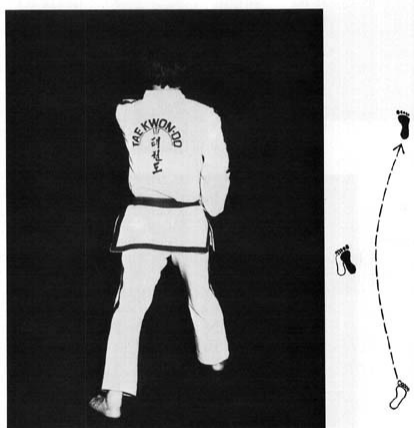


Other View



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12. Move the right foot to C, forming a right walking stance toward C while executing a middle punch to C with the left fist.



Right walking stance middle punch with the left fist toward C.

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Application



Top View

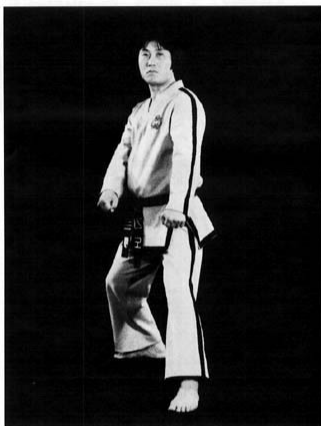
Previous Posture



Side View

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13. Move the right foot on line CD to form a right L-stance toward D while executing a low punch to D with the left double fist.



Right L-stance low punch with the left double fist toward D.

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Side View

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14. Move the left foot to B forming a right L-stance toward B while executing a high guarding block to B with a reverse knife-hand.



Right L-stance high guarding block with a reverse knife-hand toward B.

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Top View



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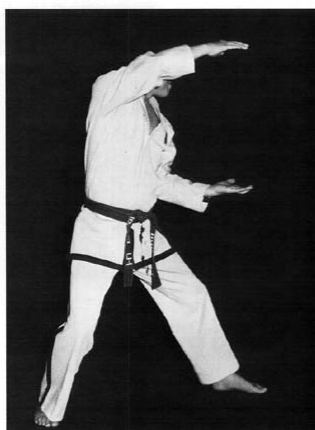
Application



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15. Execute a U-shape block to B while forming a left fixed stance toward B, slipping the left foot.



Left fixed stance U-shape block toward B.

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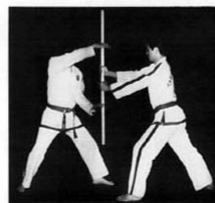
Front View



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Top View

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16. Execute a sweeping kick to B with the right side sole, and then lower it to B forming a right fixed stance toward B while executing a U-shape block to B.



Sweeping kick to B with the right foot.



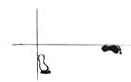
Right fixed stance U-shape block toward B.

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Front View

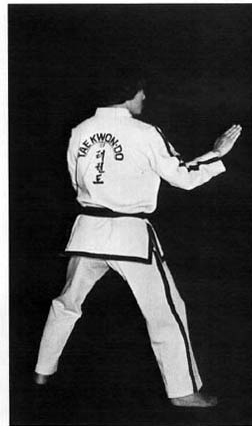


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17. Jump and spin counter-clockwise, landing on the same spot to form a left L-stance toward B while executing a middle guarding block to B with a knife-hand.



Jumping and spinning counter-clockwise.



Left L-stance middle guarding block with a knife-hand toward B.



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Front View



Previous Posture

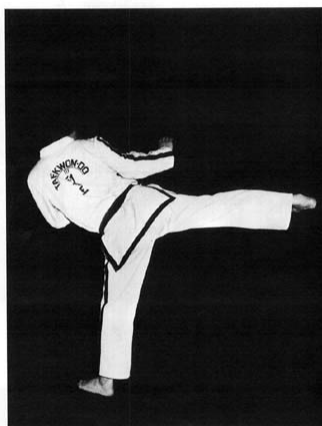


Application



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18. Execute a middle side piercing kick to B with the right foot while forming a knife-hand guarding block.



Middle side piercing kick to B with the right foot.

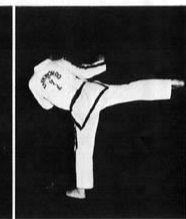


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Front View



Previous Posture



Application



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19. Lower the right foot to the left foot, and then move the left foot to A forming a left walking stance toward A while striking the left palm with the right front elbow.



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Front View



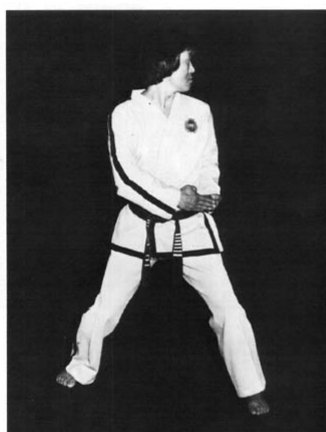
Walking stance toward A with a right front elbow strike.



68

69

20. Move the right foot to A, turning counter-clockwise to form a left diagonal stance toward D at the same time thrusting to C with the left back elbow supporting the left forearm with the right palm and turning the face to C.



Left diagonal stance toward D with a left back elbow thrust to C.



Application

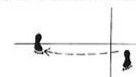


Side View

Side View



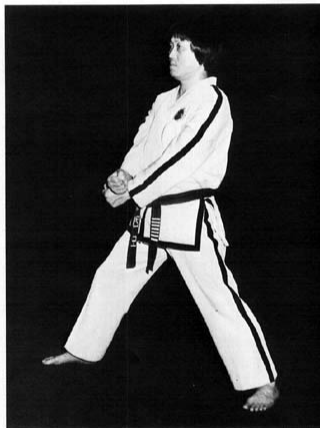
Previous Posture



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21. Execute a pressing block with an X-fist while forming a right walking stance toward AD.



Walking stance toward AD with an X-fist pressing block.

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Previous Posture



Keep both heels slightly off the ground.

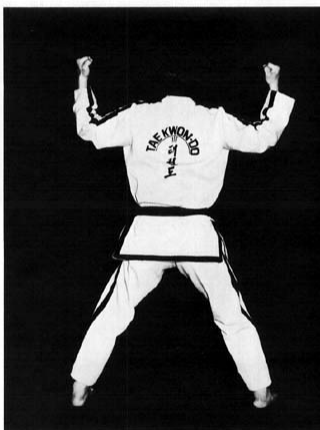


Application



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22. Move the left foot to A in a stamping motion to form a sitting stance toward C while executing a W-shape block with the outer forearm.



Sitting stance toward C with a outer forearm W-shape block.



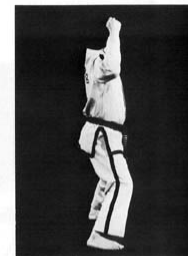
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Application

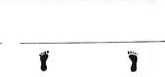
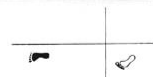


Top View

Side View



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23. Execute a middle side piercing kick to A with the left foot while forming a forearm guarding block.



Middle side piercing kick to A with the left foot.



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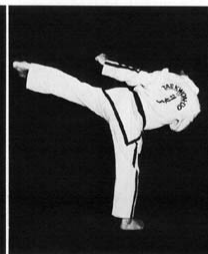
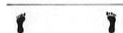
Previous Posture



Other View



Application



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24. Lower the left foot to A, forming a left L-stance toward B while executing a low guarding block to B with a knife-hand.



Left L-stance low guarding block with a knife-hand toward B.



Previous Posture



Front View



Keep the left heel slightly off the ground.



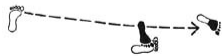
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25. Move the left foot to B, forming a right rear foot stance toward B while executing an upward block with a left palm.

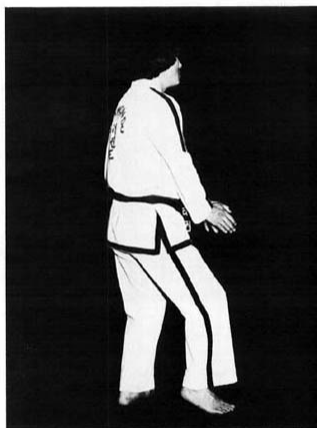


Right rear foot stance toward B with a left palm upward block.



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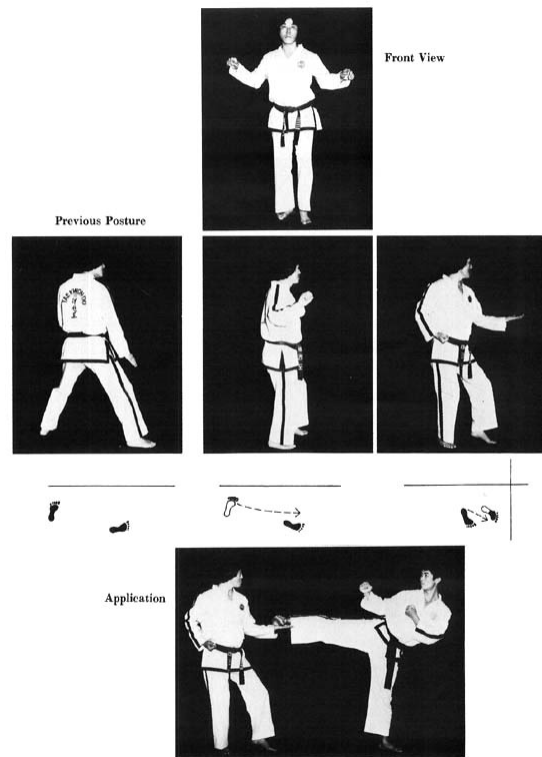
26. Move the right foot to B, forming a left rear foot stance toward B while executing a pressing block with a twin palm.



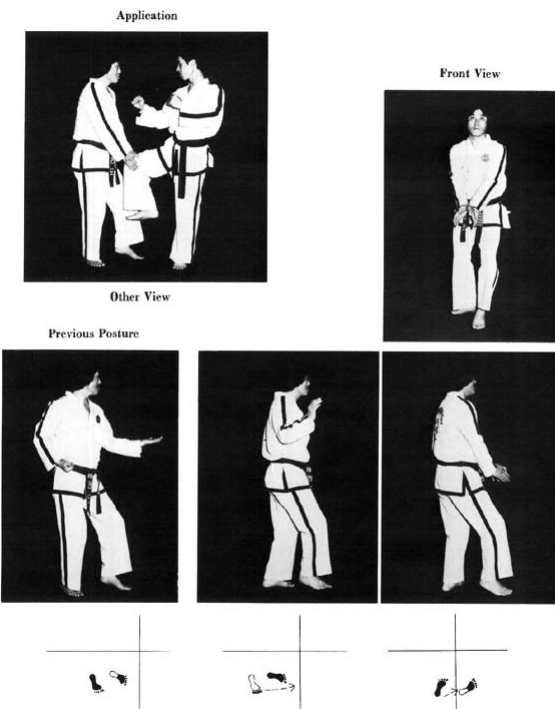
Left rear foot stance toward B with a twin palm pressing block.



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27. Move the left foot to C in a stamping motion to form a left walking stance toward C while executing an upset punch to C with a twin fist.



Left walking stance upset punch with a twin fist toward C.



Previous Posture



Application



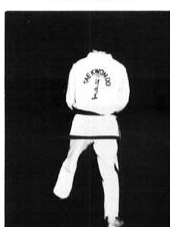
Other View



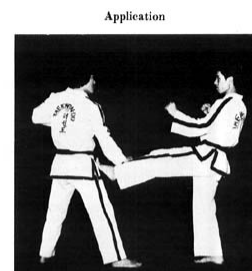
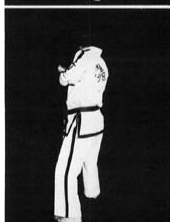
28. Move the right foot to C, forming a left L-stance toward C while executing a low block to C with the right forearm, pulling the left fist under the left armpit.



Left L-stance low block with the right forearm toward C.



Previous Posture



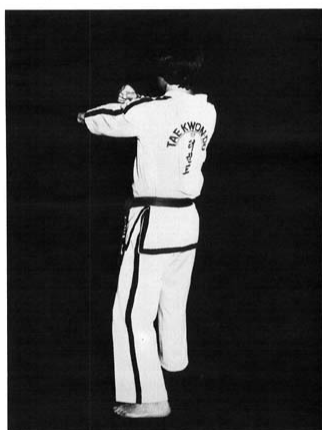
Application

Side View



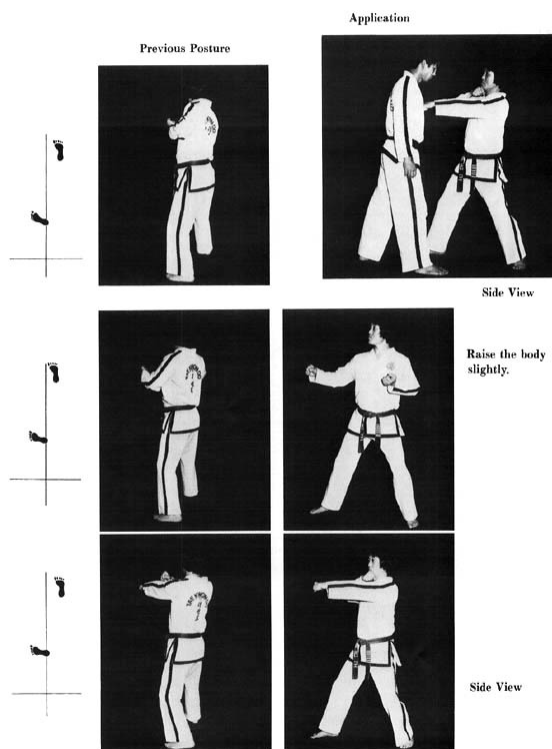
Other View

29. Execute a middle punch to C with the left fist while maintaining the left L-stance toward C, bringing the right fist over the left shoulder.



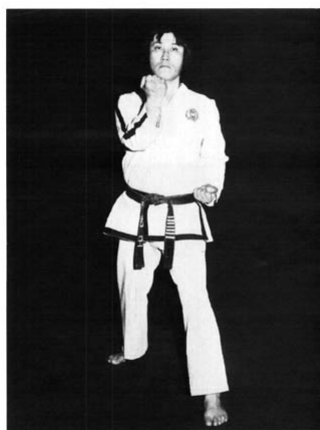
Left L-stance middle punch with the left fist toward C.

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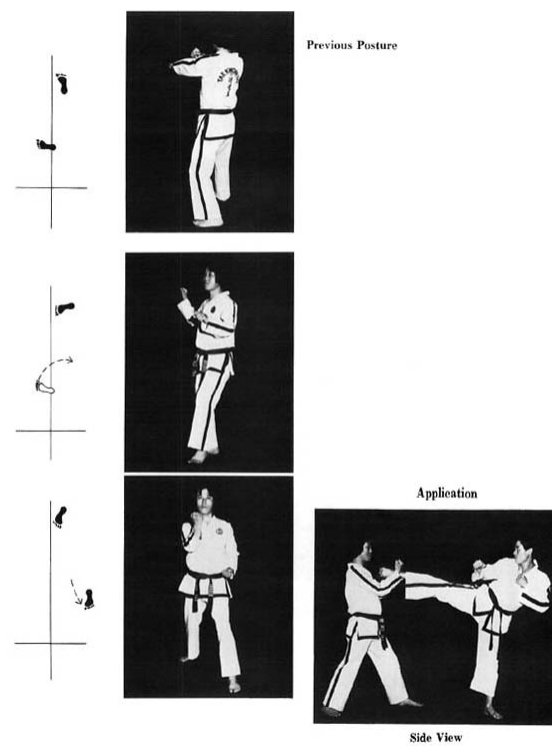
89

30. Execute a middle front block with the right forearm while forming a left walking stance toward D, pivoting with the right foot.



Left walking stance toward D with a right forearm front block.

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31. Execute a high punch to D with the left fist while maintaining the left walking stance toward D. Perform 30 and 31 in a continuous motion.



Left walking stance high punch with the left fist toward D.

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Previous Posture



Application



Side View

Keep the right heel slightly off the ground.



Side View

93

32. Execute a low front snap kick to D with the left foot, keeping the position of the hands as they were in 31.



Low front snap kick to D with the left foot.

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Previous Posture



95

33. Lower the left foot to D, and then move the right foot to D in a stamping motion, forming a right walking stance toward D while executing a high vertical punch to D with a twin fist.



Right walking stance high vertical punch with a twin fist toward D.

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Previous Posture



Keep the left heel slightly off the ground.



Side View



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END: Bring the left foot back to a ready posture.



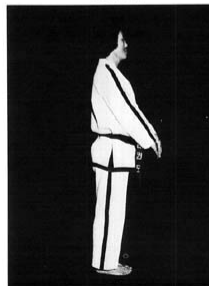
Close ready stance C toward D

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Side View



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