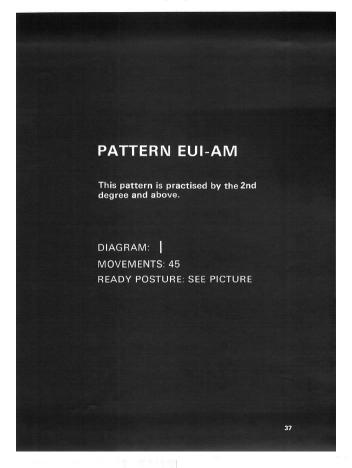
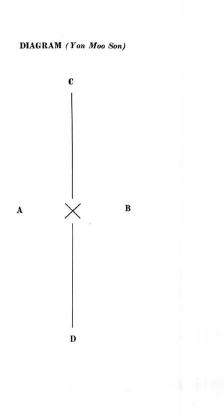
Eui-Am (Volume12 37 to 132)

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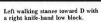


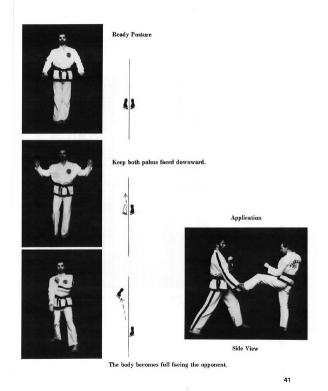




1. Move the right foot to C, forming a left walking stance toward D while executing a low inward block to D with the right knife-hand.







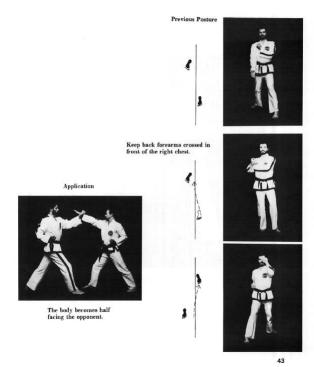
2. Move the left foot to C, forming a right walking stance toward D while executing a high side block to D with the left outer forearm.



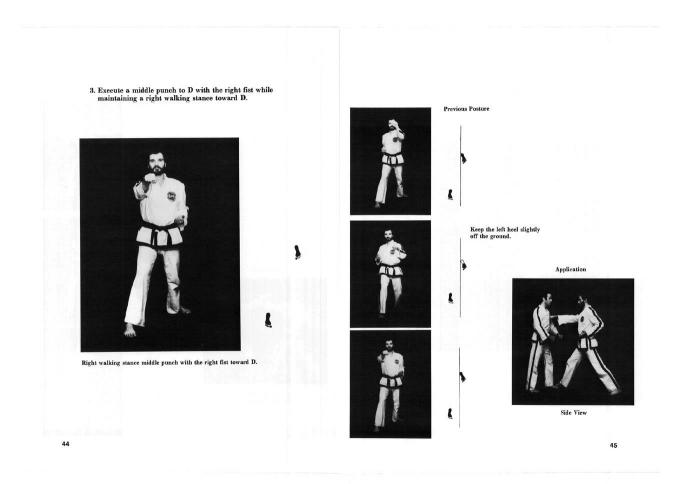
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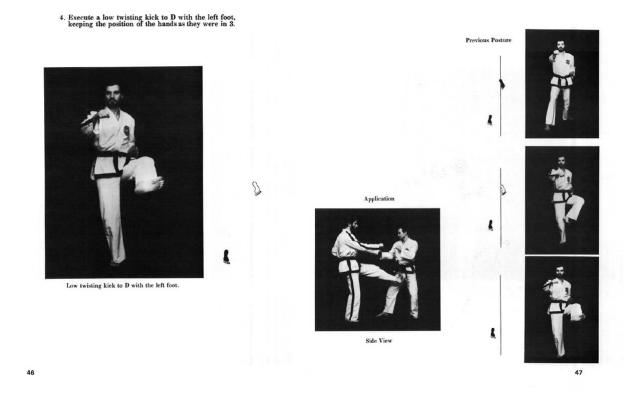


Right walking stance toward D with a left outer forearm high side block.



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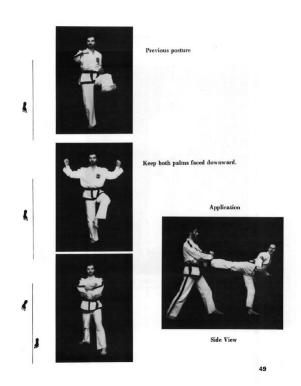




5. Lower the left foot to D, forming a left walking stance toward D while executing a downward block with an X-fist.

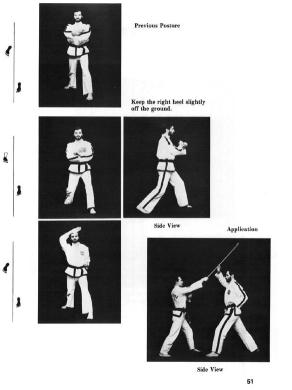


Left walking stance toward D with an X-fist downward block.

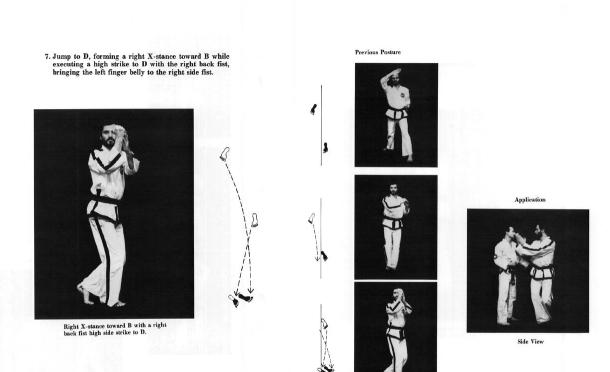


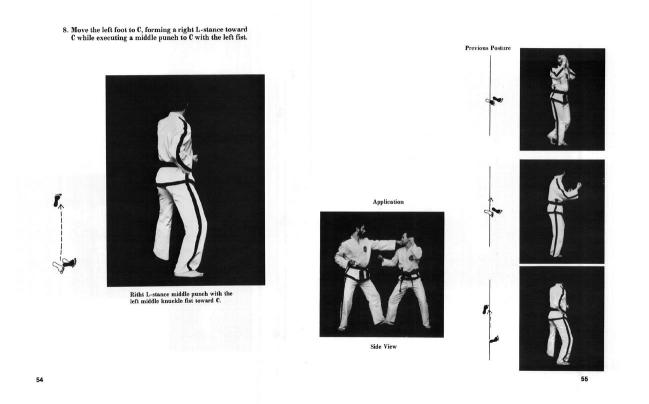
 Execute a rising block with the right knife-hand, maintaining a left walking stance toward D.
 Perform 5 and 6 in a continuous motion.

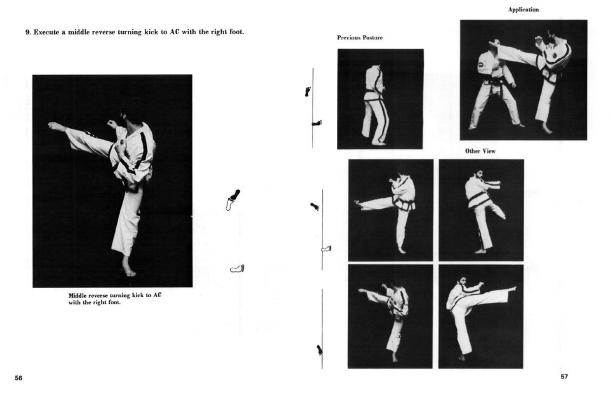


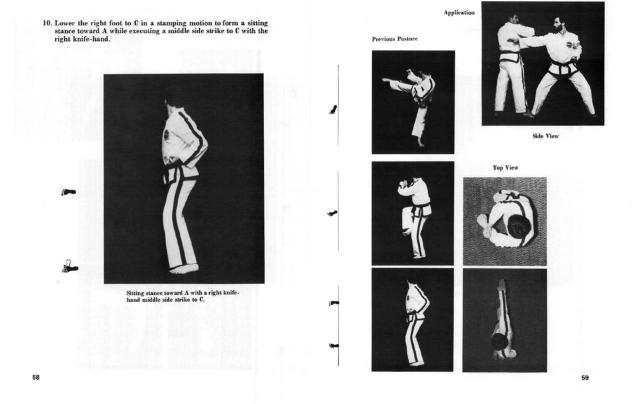


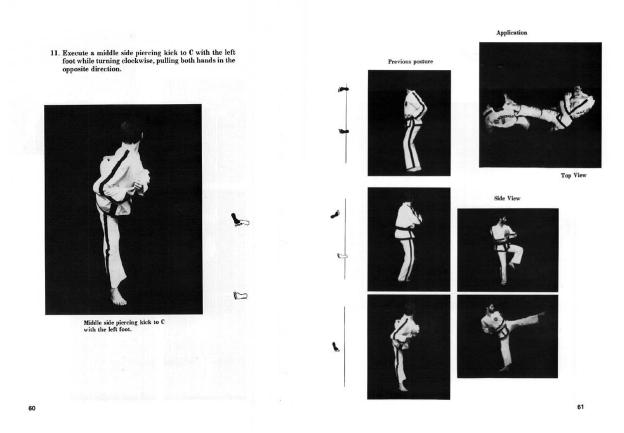
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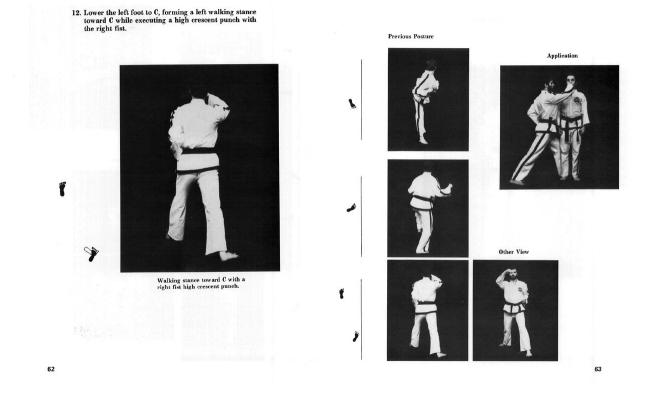


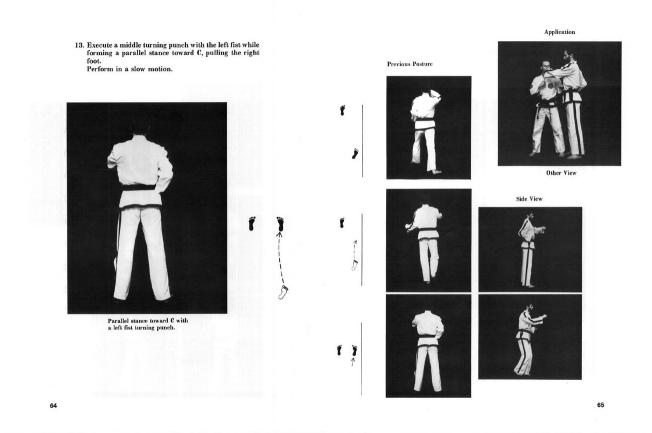


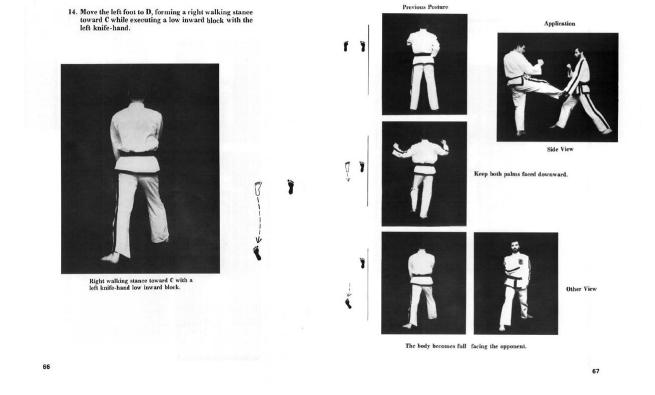




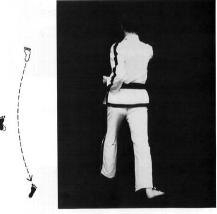




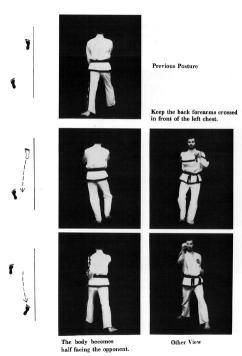




15. Move the right foot to D, forming a left walking stance toward C at the same time executing a high side block to C with the right outer forearm.



Left walking stance right outer forearm high side block toward C.

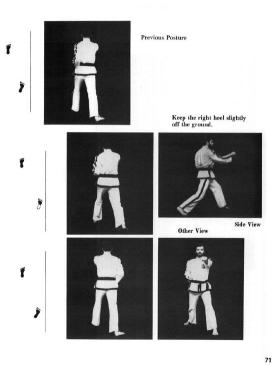


16. Execute a middle punch to C with the left fist while maintaining a left walking stance toward C.

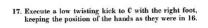
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Left walking stance middle punch with the left fist toward C.

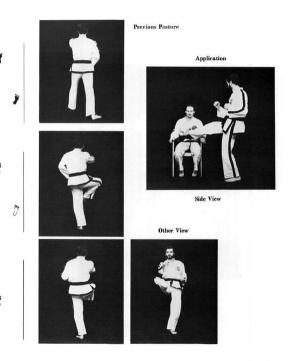


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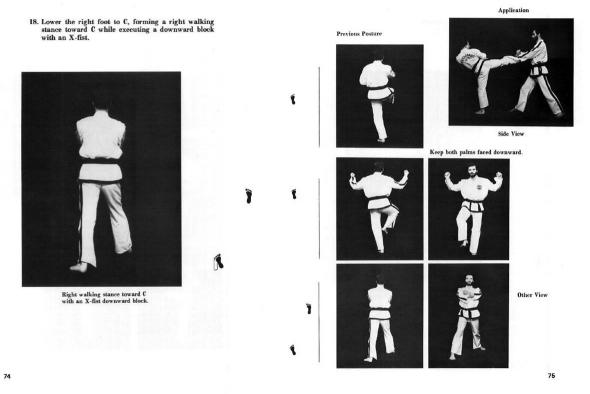


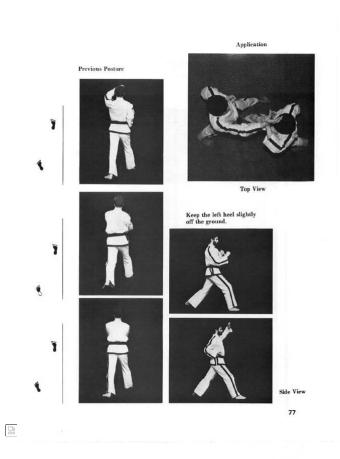


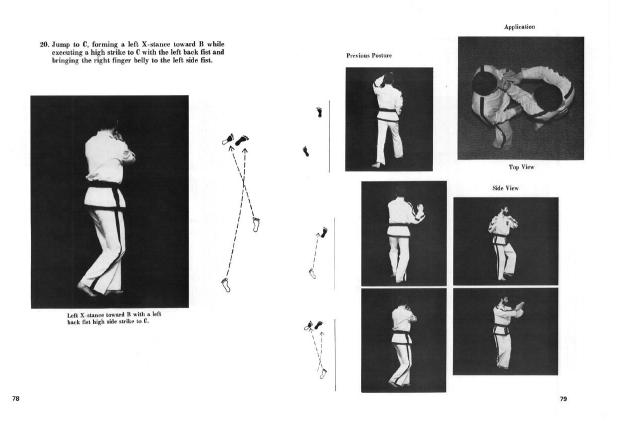
Low twisting kick to C with the right foot.

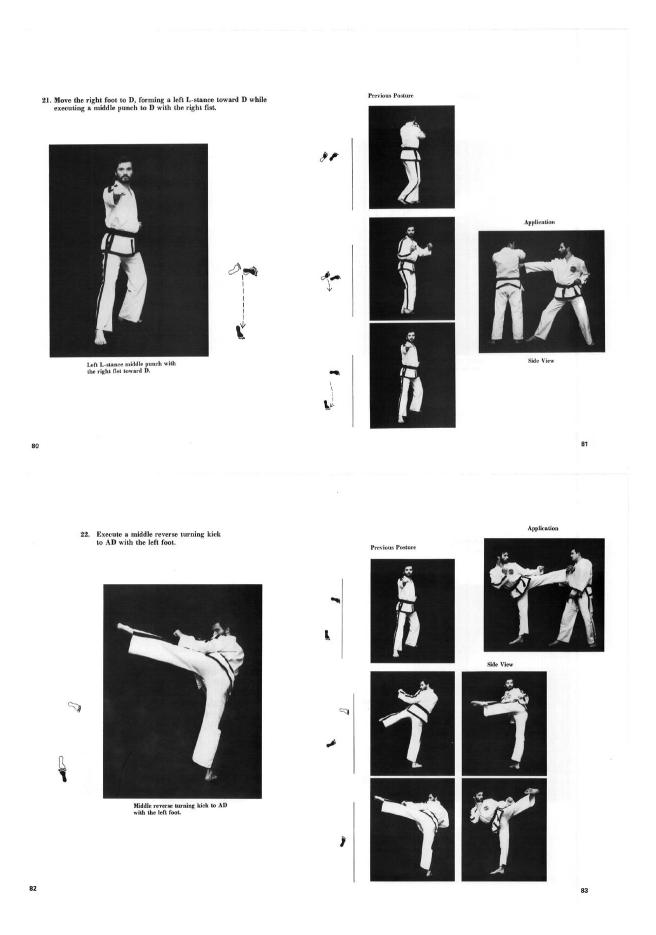


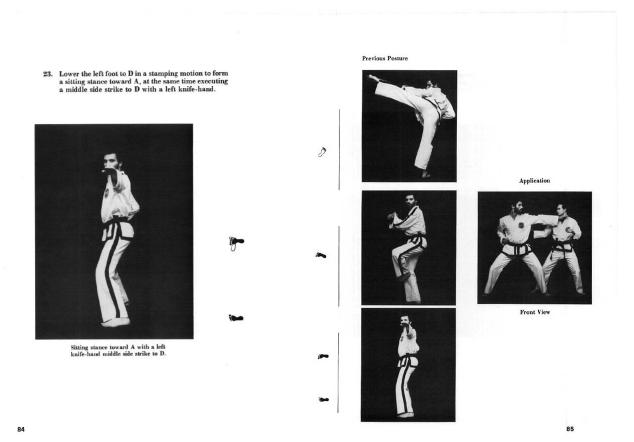
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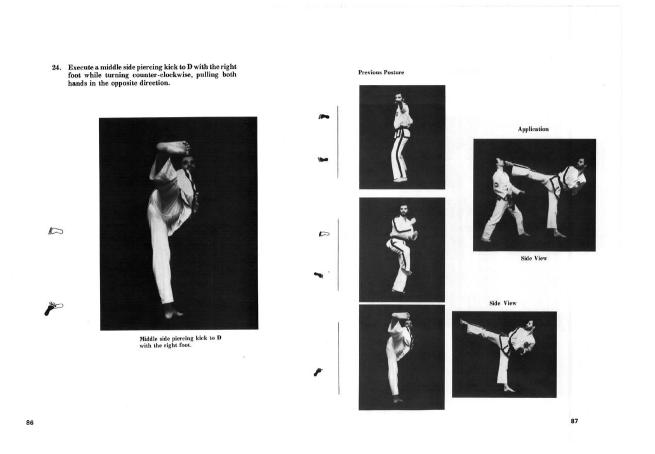


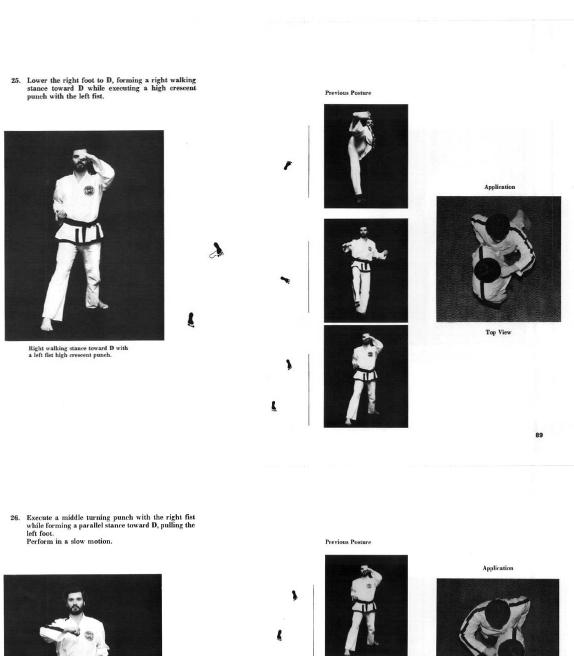


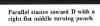


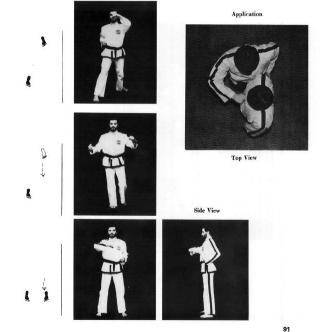


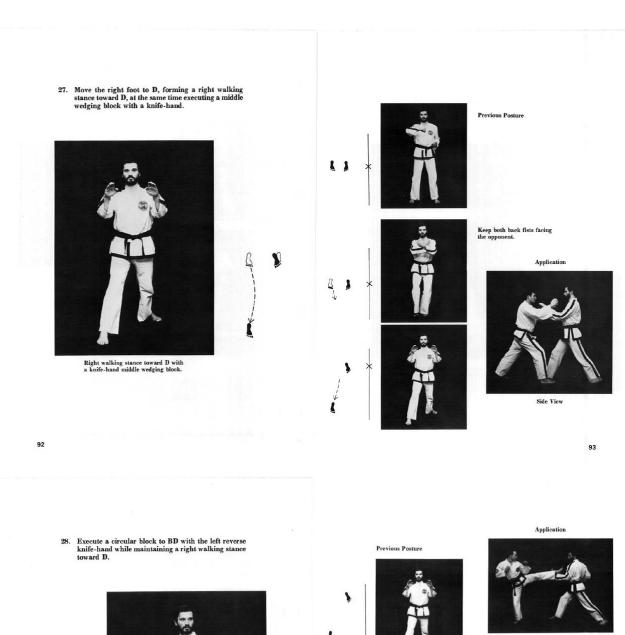




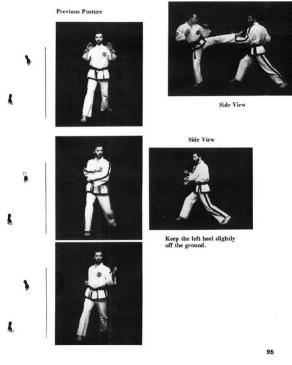


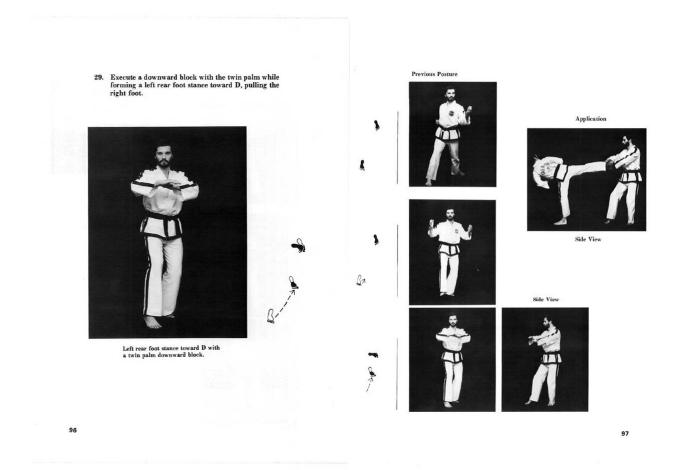


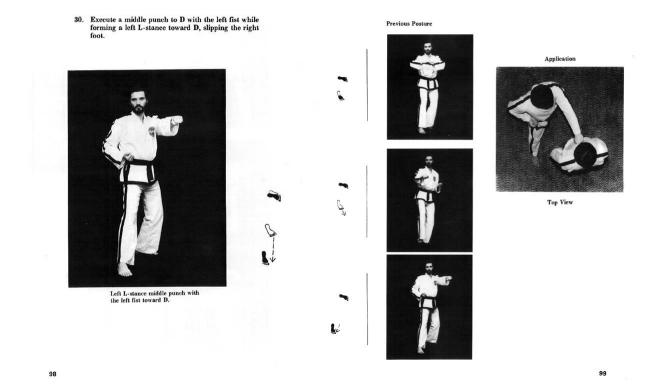




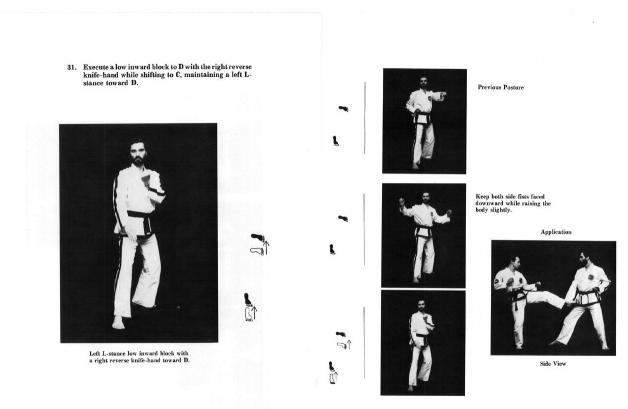
Right walking stance toward D with a left reverse knife-hand circular block to BD.

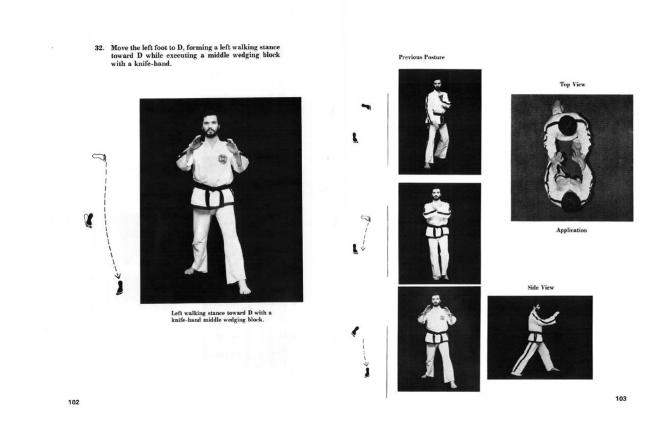






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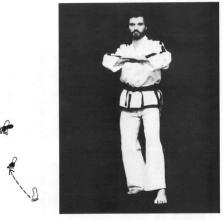
Left walking stance toward D with a right reverse knife-hand circular block to AD.

Reep the right heel slightly off the ground.

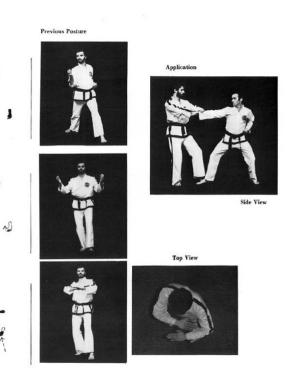
Side View

Top View

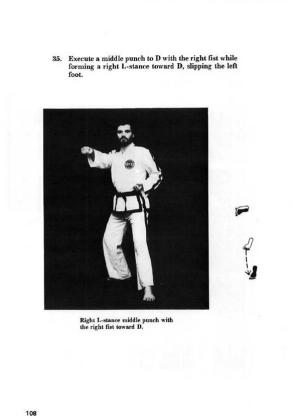
34. Execute a downward block with a twin palm while forming a right rear foot stance toward D, pulling the left foot.

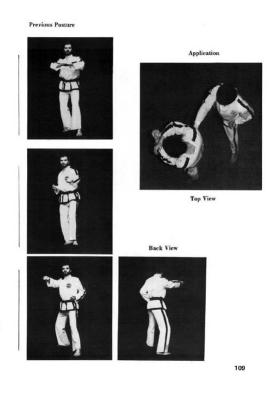


Right rear foot stance toward D with a twin palm downward block.

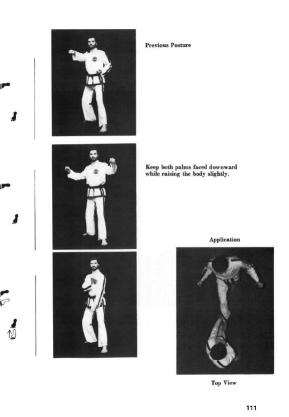


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38. Lower the right foot to D, forming a left rear foot stance toward D while executing a middle guarding block to D with the forearm.



Left rear foot stance forearm middle guarding block toward D.



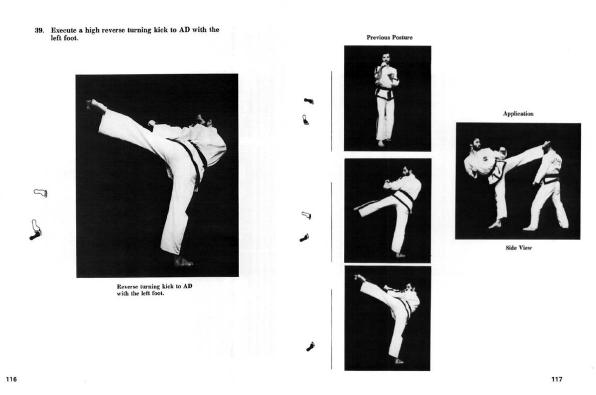


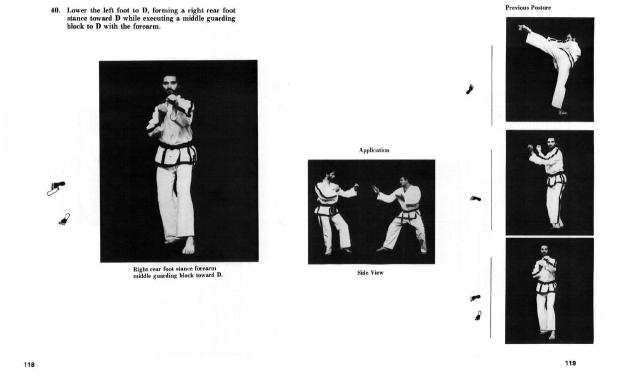




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41. Move the left foot to the side rear of the right foot, and then the right foot to C, forming a right L-stance toward D while executing a low block to D with the left knife-hand.













Side View

Application

Side View

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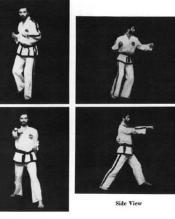
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Execute a middle punch to D with the right fist while forming a left walking stance toward D, slipping the right foot.



Left walking stance middle punch with the right fist toward D.





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Move the left foot to C, forming a left L-stance toward D while executing a low block to D with the right knife-hand.













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44. Execute a middle punch to D with the left fist while forming a right walking stance toward D, slipping the left foot.





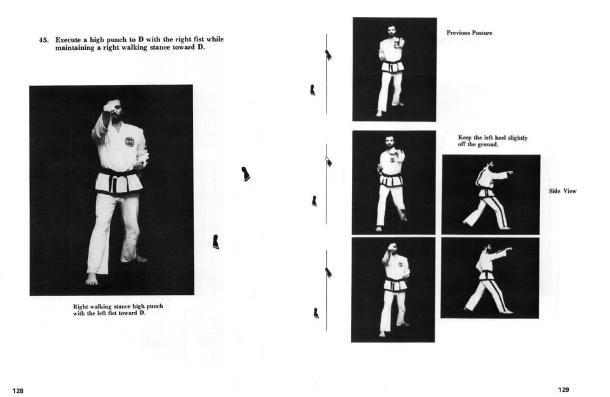


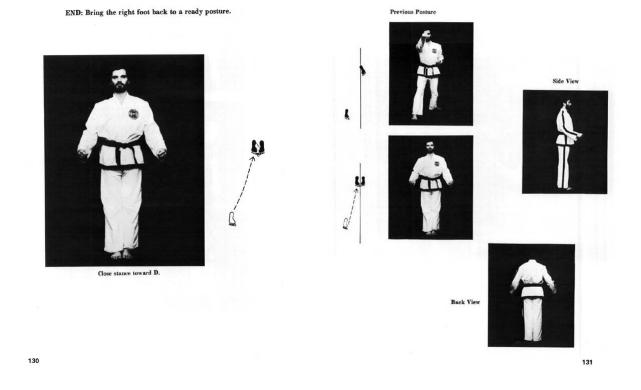






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Choi TKD - E



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