

Chun-Gi (Volume 08 119 to 162)

(index)

PATTERN CHON-JI (*Chon-Ji Tul*)

This pattern is practised by the
9th grade holder and above.

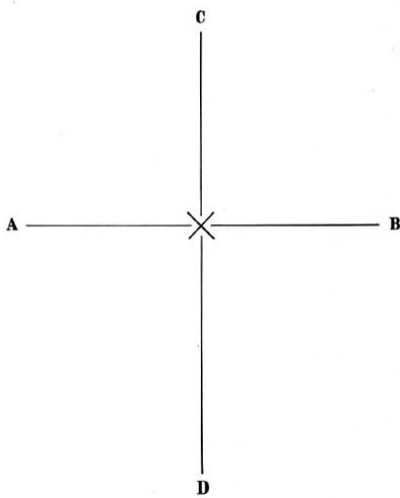
DIAGRAM: +

MOVEMENTS: 19

READY POSTURE: PARALLEL READY STANCE

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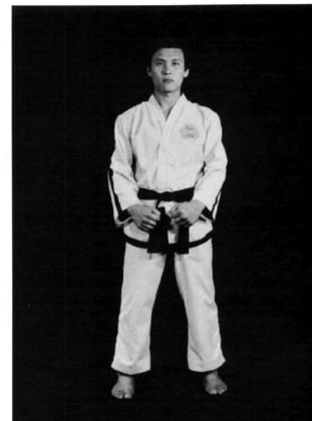
DIAGRAM (*Yon Moo Son*)



120

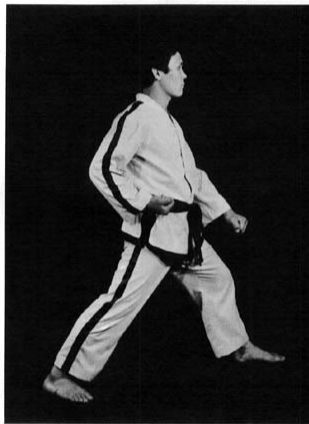
Ready Posture (*Junbi Jase*)

Parallel ready stance toward D.



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1. Move the left foot to B, forming a left walking stance toward B while executing a low block to B with the left forearm.



Left walking stance forearm low block toward B.



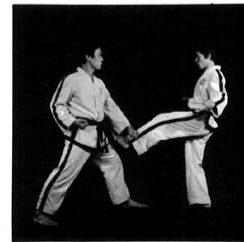
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Top View



Keep the back forearms crossed in front of the right chest, placing the left forearm on the other.

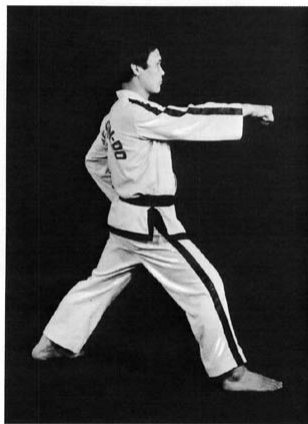
Previous Posture



Application

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2. Move the right foot to B, forming a right walking stance toward B while executing a middle punch to B with the right fist.



Right walking stance middle punch toward B.

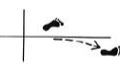


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Top View



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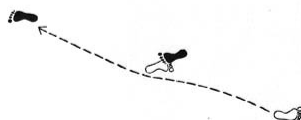


125

3. Move the right foot to A, turning clockwise to form a right walking stance toward A while executing a low block to A with the right forearm.



Right walking stance forearm low block toward A.



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Previous Posture



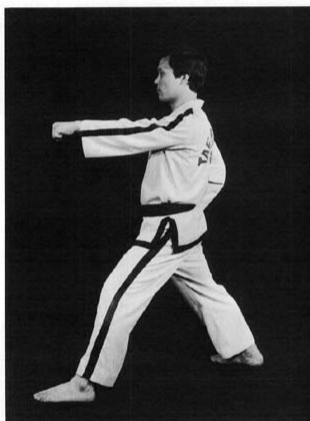
Application

Front View



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4. Move the left foot to A, forming a left walking stance toward A while executing a middle punch to A with the left fist.



Left walking stance middle punch toward A.



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Application



Top View

Top View

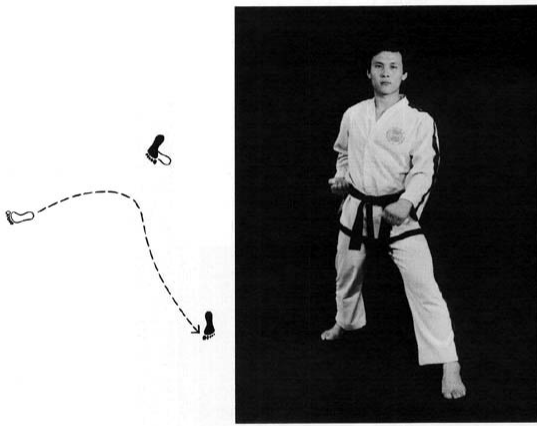


Previous Posture



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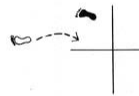
5. Move the left foot to D, forming a left walking stance toward D while executing a low block to D with the left forearm.



Left walking stance forearm low block toward D.

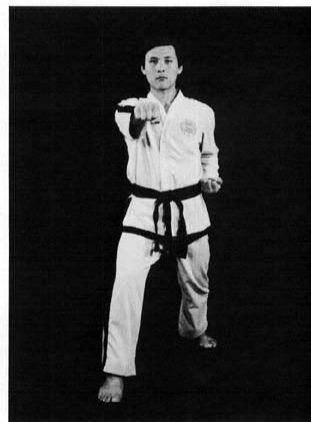
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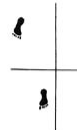
6. Move the right foot to D, forming a right walking stance toward D while executing a middle punch to D with the right fist.



Right walking stance middle punch toward D.

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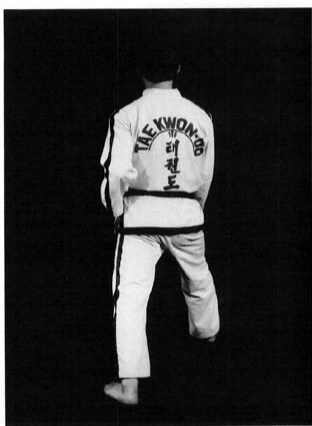


Top View

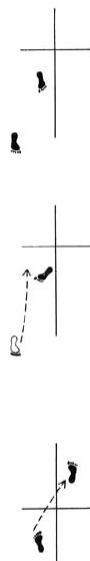


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7. Move the right foot to C, turning clockwise to form a right walking stance toward C while executing a low block to C with the right forearm.



Right walking stance low block with the right forearm toward C.



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Top View

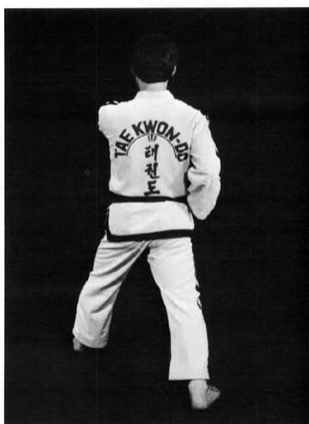


Side View



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8. Move the left foot to C, forming a left walking stance toward C while executing a middle punch to C with the left fist.



Left walking stance middle punch toward C.



Previous Posture



Other View

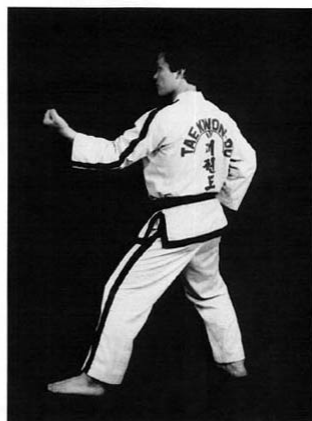
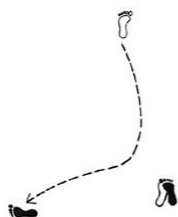


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9. Move the left foot to A, forming a right L-stance toward A while executing a middle block to A with the left inner forearm.

Right L-stance inner forearm block toward A.



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Keep the forearms crossed in front of the right chest with both back fists facing upward, placing the blocking one under the other.



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Application



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10. Move the right foot to A, forming a right walking stance toward A while executing a middle punch to A with the right fist.



Right walking stance middle punch toward A.

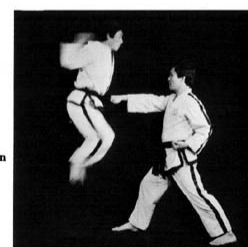


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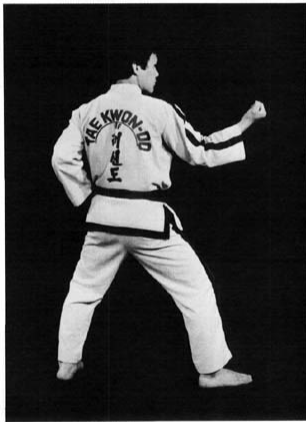


Application



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11. Move the right foot to B, turning clockwise to form a left L-stance toward B while executing a middle block to B with the right inner forearm.



Left L-stance inner forearm middle block toward B.



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12. Move the left foot to B, forming a left walking stance toward B while executing a middle punch to B with the left fist.



Left walking stance middle punch toward B.

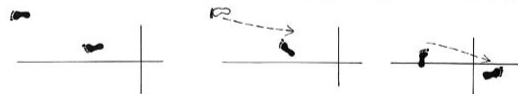


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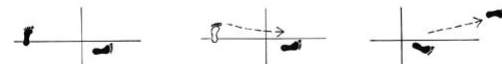
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Front View



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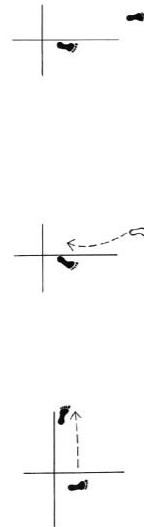
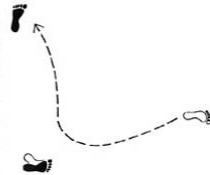


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13. Move the left foot to C, forming a right L-stance toward C while executing a middle block to C with the left inner forearm.



Right L-stance inner forearm middle block toward C.



Previous Posture



Top View



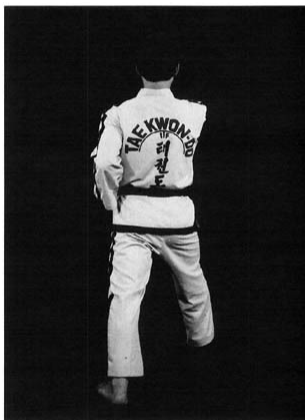
Side View



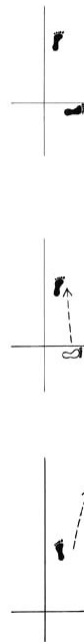
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14. Move the right foot to C, forming a right walking stance toward C while executing a middle punch to C with the right fist.



Right walking stance middle punch toward C.



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Other View



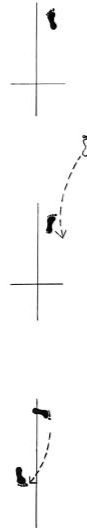
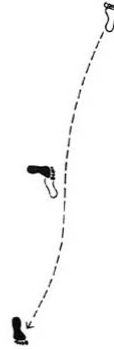
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15. Move the right foot to D, turning clockwise to form a left L-stance toward D while executing a middle block with the right inner forearm.



Left L-stance inner forearm middle block toward D.



Previous Posture



Top View



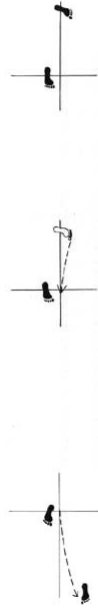
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16. Move the left foot to D, forming a left walking stance toward D while executing a middle punch to D with the left fist.



Left walking stance middle punch toward D.



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Application



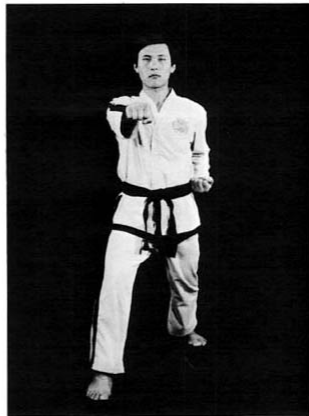
Top View



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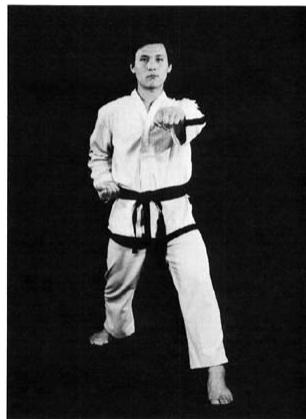
17. Move the right foot to D, forming a right walking stance toward D while executing a middle punch to D with the right fist.



Right walking stance middle punch toward D.

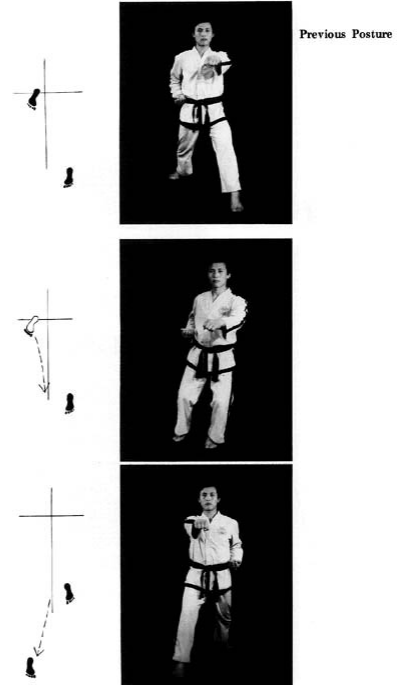
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18. Move the right foot to C, forming a left walking stance toward D while executing a middle punch to D with the left fist.

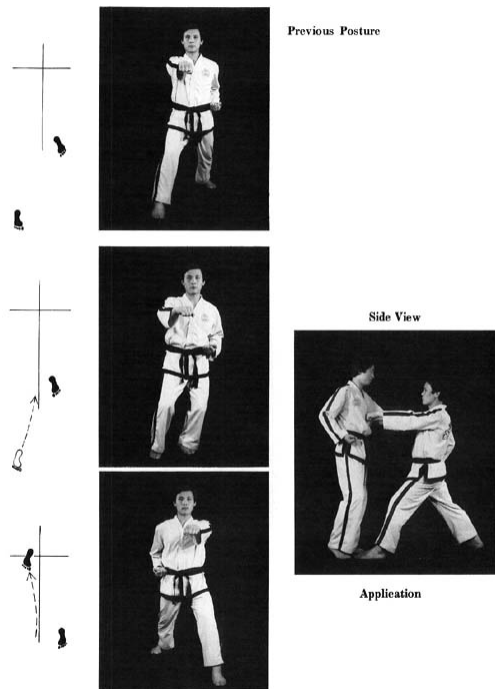


Left walking stance middle punch toward D.

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Side View

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19. Move the left foot to C, forming a right walking stance toward D while executing a middle punch to D with the right fist.



Right walking stance middle punch toward D.



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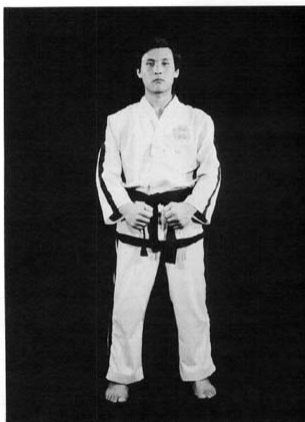
Application



Side View

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END. Bring the left foot back to a ready posture.



Parallel ready stance toward D.



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Side View



Top View



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